

Strategies for Success



A Proactive Response To Public Safety Realignment

Scott R. Jones, Sheriff



Corrections in Sacramento County is facing historic challenges. A growing inmate population and ever-aging facilities have forced us to be continually innovative in our approach to how we house and treat offenders. Add to that, the implementation of Prison Realignment and the need to house, on a long term basis, hundreds of new prisoners that would have previously been sent to prison, our challenges have never been greater. As is often the case, however, challenge gives rise to opportunity, and the men and women of the Sheriff's Department have responded in extraordinary ways.



This publication highlights many of the unique approaches that are being used both within and outside our facilities to manage our new population while maximizing their chances for successful release and reintegration back into our communities. Some of these strategies we have employed for decades, while others have arisen only as a result of the introspection our department has undergone because of Prison Realignment. In either case, the potential for eventual success of offenders to transition from a cycle of criminal behavior to becoming and remaining successful parents, spouses and citizens has never been greater. Educational goals, whether fundamental skills, high school diploma, or college credit, can be attained, as well as pertinent vocational training in a variety of fields. Very importantly, offenders can work on their psychological, behavioral, and addiction issues to break those cycles as well.

Just as there is no single category of offender, there is no single approach to treatment. By individually assessing each inmate, their educational, vocational, behavioral, and job-skills needs can be met utilizing a variety of strategies. I am very proud of the Sacramento Sheriff's Department's approach, which recognizes public safety as a priority while addressing offenders' needs. I thank you for taking the time to take a look at our many **Strategies for Success**.

A handwritten signature in blue ink that reads "Scott Jones".

Scott Jones, Sheriff
Sacramento County

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Strategies for Success

In October 2011, the State of California enacted the Public Safety Realignment Act (Assembly Bill 109) which shifted the burden of incarcerating and supervising thousands of criminal offenders from the California Department of Corrections and Rehabilitation to each of the 58 counties in California.



With an already overcrowded jail system, the Sacramento County Sheriff's Department was faced with taking on the additional challenges of this new population of inmates. Our facilities were not designed and are not equipped to accommodate this new population of inmates that are serving lengthy sentences. During the first year of realignment we received 493 prisoners with sentences ranging from 8 months to 18 years.

In order to develop Strategies for Success, our Department is focused on creating additional evidence-based programs to reduce recidivism and expanding our alternative custody programs. Each strategy was developed to be consistent with the priorities established by the Sacramento County Community Corrections Partnership. These priorities include maintaining maximum community safety, increasing treatment support for high-risk offenders, improving offender success rates and reducing recidivism.

Sheriff's Reentry Council

In order to position Sacramento County in the forefront and give us the ability to most effectively reduce recidivism, we have established the Sheriff's Reentry Council. The Reentry Council



is comprised of managers and decision makers from public safety, education, community and faith based organizations, businesses, courts, and health and human services agencies. The Reentry Council serves as the coordinating and policy level board for each of our partner agencies, departments or organizations.

Strategies for Success

The vision of the Sacramento Sheriff's Reentry Council is to develop strategies for the successful community reentry and reintegration of offenders while incarcerated and upon release.

The goals include developing an integrated and supportive network comprised of community and faith-based organizations, government and public agencies and the broader community to provide services for the offender population.

What is Known

Two out of five prison and jail inmates have not earned a high school diploma or a General Education Development (GED) certificate. Three of every four offenders released have a substance abuse problem and more than one out of three report some form of physical or mental disability. Fifty-five percent have children under the age of 18 who often depend on them for some financial support. These deficits and limitations create substantial challenges for people who are released into the community, decreasing their ability to gain employment in support of transitioning to a law-abiding lifestyle.

Key Components to Reducing Recidivism

- ☆ Provide strong educational and vocational models pre-release, continuing through post-release.
- ☆ Provide wrap-around support services to address housing, child care, transportation, substance abuse and mental illness.
- ☆ Break down government silos to increase coordination of agencies and effort.
- ☆ Partnering with businesses to develop real job opportunities.
- ☆ Assess and refine programs through accurate data collection and analysis.

Mission Statement

The primary mission of the Sacramento Sheriff's Reentry Council is to cultivate safer communities by providing appropriate services to the offender population in order to reduce recidivism and afford individual self-sufficiency. The services will begin with addressing the core causes that drive the offenders' destructive thinking by utilizing evidence-based practices and transformative programming.

Our Initial Reentry Implementation

A collaborative reentry team was created to ensure an Individualized Reentry Plan is developed for each sentenced inmate. The comprehensive reentry plan begins with an interview by social workers, testing by Elk Grove Adult Community Education, and a Risk Assessment completed by trained Reentry Specialists. This process determines education levels, work history and job readiness, as well as attempts to determine post release situations that may place the individual at risk for reoffending. Based upon proper classification, participation in these programs is mandatory. The goals are to provide programs and services that address:



- ☆ Public safety
- ☆ Accountability
- ☆ Substance abuse treatment
- ☆ Criminogenic thinking and needs
- ☆ Transformative programming
- ☆ Transitional and permanent housing
- ☆ Transportation
- ☆ Physical and Mental Health
- ☆ Vocational training and education
- ☆ Employment
- ☆ Financial independence
- ☆ Strengthening families and the community

Discharge Planning

Each offender is evaluated approximately 60-90 days prior to release and assisted by an eligibility specialist to apply for benefits and other unmet needs. Reentry Specialists each carry a 25-offender caseload and follow the offender in a case management model for up to one year after release from custody.

Assess and Refine

As these strategies are implemented and expanded it is essential to evaluate them for their effectiveness. The Sheriff's Reentry Council has developed a Measures and Outcomes Committee in order to continually assess and refine these reentry strategies. This committee will determine and collect data/statistics that will provide information on offender recidivism, program participation, and measures of failure and success.

Sheriff's Correctional Facilities



Sheriff's Correctional Facilities

The Sacramento County Sheriff's Department has three correctional facilities: The Main Jail, the Rio Cosumnes Correctional Center, and the Work Release Facility. The combined average daily population of these facilities in 2012 was 5,210.

In 2012, the average daily population for the Main Jail was 2,103 (1,882 male and 221 female). The average daily population for the Rio Cosumnes Correctional Center in 2012 was 1,973 (1,758 males and 215 females). The Work Release Facility provides alternatives to incarceration and had an average daily population of 1,134 (925 Sheriff's Work Project and 209 Home Detention) in 2012.

Main Jail Division



The Main Jail is a nine story, twin tower complex which was constructed in 1989. It is located in downtown Sacramento and covers one-half of a city block. The original construction was a pod design with 1,252 beds and four courtrooms. Immediately following construction, 430 cells were double bunked bringing the capacity to 1,632 beds. Since that time, nearly all cells have been double bunked with a current bed count of 2,432.

The Main Jail is primarily a pre-sentence facility which houses male and female federal, state, and county prisoners. The Main Jail serves as Sacramento County's main intake facility, averaging 135 bookings every day.

The Lorenzo E. Patino Hall of Justice occupies a portion of the Main Jail building. It consists of four courtrooms and handles an average of 6,800 court cases per month. A majority of the defendants are in-custody and housed within the Main Jail.

Sheriff's Correctional Facilities

Rio Cosumnes Correctional Center



The Rio Cosumnes Correctional Center (RCCC) is located 27 miles south of Sacramento on a 140-acre parcel of land, which is owned by the County of Sacramento. RCCC was originally comprised of several facilities that were constructed in 1960 with the capacity to house 750 inmates. These facilities were made up of barracks with double

bunks. Throughout the years, numerous facilities at RCCC have been remodeled, expanded, and constructed due to the demands of the growing inmate population. As a result, the current rated capacity at RCCC is 1,625 inmates.

RCCC is the primary custody facility for inmates sentenced to county jail from the Sacramento Superior Courts. In addition, the RCCC houses inmates pending transport to other jurisdictions, federal and state prisoners, and reciprocal prisoners from other jurisdictions. RCCC is also the principle housing location for post-revocation parole violators. It is the central transportation point for all defendants sentenced to state prison by the Sacramento Superior Courts. RCCC also serves as the adjunct facility for over-capacity pretrial inmates from the Sacramento County Main Jail.



Work Release Division

The Sheriff's Department has demonstrated a longstanding commitment to maximize alternatives to traditional incarceration while ensuring public safety. The Work Release Division has been providing community based alternatives to incarceration for offenders since 1978 through Sheriff's Work Project. The program was designed to allow non-violent sentenced inmates the ability to work in their community in lieu of serving jail time in Sacramento County Jail facilities.



The Work Release Division also operates a Home Detention Program in which participants are closely supervised using Home Detention staff and electronic monitoring. Originally designed for those with traditional county jail commitments, this program was recently expanded to safely divert AB 109 offenders from jail facilities to a community-based regimen of supervised home detention.

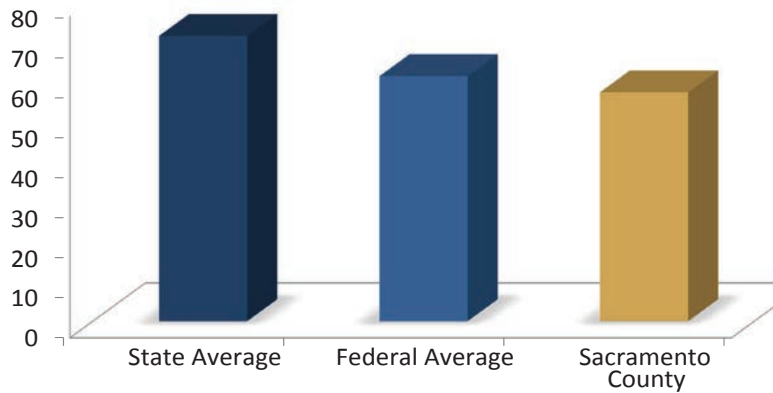
Through a longstanding commitment to effectively manage the inmate population by utilizing the least restrictive means of incarceration, 22% of the Sacramento County inmate population are participants in Sheriff's Work Project or Home Detention.



Pretrial Alternative Custody Programs



Intake Release and Housing Policy



**PERCENTAGE OF JAIL POPULATION UNSENTENCED
July - September, 2011**

Source: ACLU "Public Safety Realignment" Pub. March 2012

The Sheriff's Department is committed to providing high quality public safety services to our community. Based on the limited capacity of our jail system and to make the most effective use of public funds, it was essential that programs utilizing alternatives to traditional incarceration were created.

While keeping public safety as the top priority, procedures have been carefully developed for the screening and releasing of detainees in an efficient and responsive manner. Through this process, 38% of inmates booked are released shortly after booking. The overwhelming majority (75%) of these releases are the result of Promise to Appear citations issued by booking staff for misdemeanor charges. Bail, Pretrial O/R, and arrests for intoxication only where no further proceedings are desired account for the other releases shortly after booking.

Pretrial Own Recognizance (O/R) Program

The Sacramento Superior Courts started operating a Pretrial O/R Program in 1983. However, in 2009 the Program was eliminated as a result of budget cuts. In response to AB 109, the Sheriff's Department staffed a new Pretrial O/R Program and reestablished this collaborative effort with the Courts in 2012.

Pre-trial Housing

14% Below State Average

4 % Below National Average

**of inmates awaiting trial in
Sacramento jails.**

Source: ACLU "Public Safety Realignment"
Published March 2012

Pretrial Alternative Custody Programs

This program also strives to protect public safety by utilizing the Virginia Pretrial Risk Assessment Instrument (VPRAI). The VPRAI is an objective, research-based instrument that identifies a defendant's risk level for failing to appear at court or being arrested on a new charge if released pending trial. The court is provided with this comprehensive, accurate information about the offender's risk to evaluate when determining if they will be granted an O/R release.

Sacramento County Main Jail Pretrial O/R Program Statistics July 1, 2012 through January 31, 2013		
Description	Program Totals	Monthly Average
Felonies Reviewed	11,016	1,574
Qualified for Interview	3,122	446
Interviewed & Presented to Court	2,199	314
O/R's Denied	1,425	204
O/R's Granted	774	111

Supervised Own Recognizance (O/R) Program

In December 2012, the Sacramento County Board of Supervisors approved amendments to the County Code allowing for the expansion of the Home Detention Unit to include a Supervised Own Recognizance (O/R) Program for pretrial inmates. This program is utilizing electronic monitoring and guidelines similar to those already in place for sentenced participants of Home Detention.

The Supervised O/R Unit was designed to augment the Department's Pretrial O/R Program, as a method to further expand release alternatives.



Post-Sentence Alternative Custody Programs



Post-Sentence Alternative Custody Programs

Program Name	Program Highlights
Sheriff's Work Project	<ul style="list-style-type: none"> • Provides an alternative to custody, allowing offenders to remain with family and retain or gain employment. • Provides services and labor to the community.
Sheriff's Toy Project	<ul style="list-style-type: none"> • Provided gifts and food to more than 1,900 families in 2012. • Utilizes unique job skills to provide goods and services to the community. • Over 1,000 offenders participate every week.
Home Detention Program	<ul style="list-style-type: none"> • Participants are able to maintain employment and serve their jail sentence at home. • Electronic Monitoring
Power Program	<ul style="list-style-type: none"> • Provides Employment Training and Life Skills classes to participants at no cost. • Provides college credit from Los Rios College District upon completion of each class. • Over 726 certificates issued in 2012.

Sheriff's Work Project

The Sheriff's Work Project was created in 1978 as a program designed to allow sentenced inmates the ability to work in their community in lieu of serving time in jail. Participants are required to adhere to a specific dress code, follow the rules of the program, and work efficiently. A deputy sheriff supervises every job site, including the enforcement of the rules and job site safety. Inmates are required to pay an application fee and participation costs, based on their ability, making it a highly cost effective program.

Sheriff's Work Project has evolved into one of the largest alternative correctional programs in the nation. The current average number of inmates participating on the program is over 1,000 a week. The labor provided by inmate work crews is worth over \$5 million per year.

The program is a valuable tool for the criminal justice system that benefits our community by alleviating overcrowding in jails and reducing jail expenses to taxpayers. Allowing sentenced offenders to earn incarceration credits through this program provides a number of benefits for the offenders and for society.



Work Project inmates benefit the community by completing many tasks for local nonprofit and public organizations. Crews perform basic landscape maintenance at public parks, churches, little league fields, and schools. The inmates and their families also benefit by keeping families together, maintaining employment, sustaining housing, and pursuing education.

Work Project participants benefit our community by alleviating overcrowding in jails and reducing jail expenses to taxpayers.

Sheriff's Toy Project



The Sheriff's Toy Project has operated since 1984, providing over 60,000 gifts to less fortunate children in our community. The Sheriff's Toy Project functions as a charitable arm of the Sacramento Sheriff's Department, partnering with the Sheriff's Athletic League (SAL), Youth Education Sports (YES), Heald College, and the Salvation Army.

Under the supervision of skilled instructors, inmates in this program spend their court-ordered jail sentence training in woodworking, painting, laser etching, sewing, and embroidery to make toys and furniture and refurbishing donated computers and bicycles. Finished items are distributed to children and families in need throughout the Sacramento Region. Skills acquired aid participants in increasing employment opportunities.



Referrals for recipient families come through Sheriff's Community Service Centers, Sheriff's Department staff, Probation, social service agencies, schools and other local non-profit organizations.

Although Toy Project's main focus is on the winter holiday season, special requests are filled throughout the year.

During the 2012 holiday season, the Toy Project gave away food boxes and gifts to more than 1,900 families. This past year the Toy Project was pleased to announce its contribution to college scholarships for nine very deserving local students.



Post-Sentence Alternative Custody Programs

Sheriff's Toy Project is a nonprofit 501(c)(3) organization which allows corporations and private persons to make tax-deductible donations for much needed equipment and materials in order to continue our mission of serving families and children in times of need.

Home Detention Program

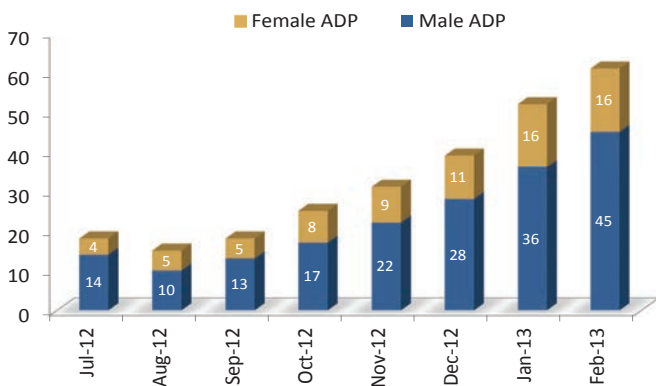
The Home Detention Program is an alternative to traditional incarceration in jail. Participants are allowed to continue their employment or education, enabling them to contribute to society as well as maintain their families. All participants contribute to the cost of their incarceration, with fees based on an assessed ability to pay. Placement on Home Detention is within the discretion of the Sheriff's Department. Applicants are subject to arrest and confinement for the balance of their sentences if they violate Home Detention rules.



The Sheriff's Department has an overriding responsibility to provide appropriate levels of public protection while charged with the responsibility to offer a Home Detention Program. Each applicant and case is evaluated on an individual basis for acceptance to the program. All applicants are carefully screened, must pass a thorough background investigation, a personal interview,

Home Detention AB109 Average Daily Population

July 2012 - February 2013



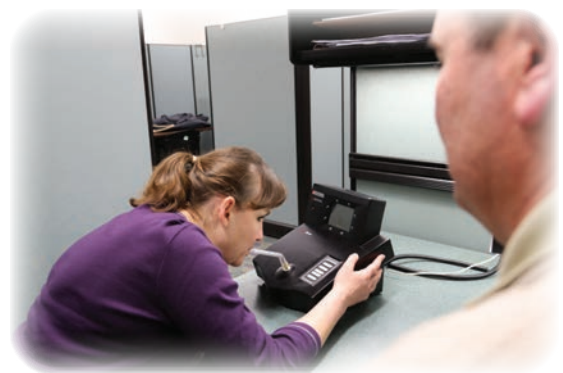
an interview with their immediate job supervisor, and an on-site check of their residence. Applicants' current offense, criminal history, demeanor, residential and employment history are among the factors that are evaluated. Employment acceptability is also included as it is related to the criminal offense and residential circumstances of applicants, co-residents and victims.

The Sacramento County Community Corrections Partnership allocated funding to the Sheriff's Department to expand the Home Detention Electronic Monitoring Program as a way to safely divert convicted AB 109 offenders from county jail facilities to a community-based regimen of supervised home detention.

Participants live in their homes and are monitored and supervised by Sheriff's Department staff, with the aid of electronic tracking equipment, which tracks their movements and monitors compliance with program rules and the law. Participants must adhere to strict scheduling, are drug tested each week, and are randomly tested throughout the commitment period. Participants have weekly interviews to discuss any problems, check equipment, and conduct drug tests. Random visits at the individual's home and/or place of employment are conducted. Alcohol breath tests are conducted randomly throughout each day by the monitoring equipment for those with alcohol related crimes.

In November 2011, the Sacramento County Community Corrections Partnership (CCP) allocated funding to expand the Home Detention Electronic Monitoring Program as a way to safely divert convicted AB 109 offenders from county jail facilities to home detention. These AB109 participants must follow the same strict rules and regulations as our other participants.

As sentenced AB 109 inmates have begun to reach the final 18 months to one year of their sentences, they have increasingly become eligible for participation in the Home Detention Program. New partnerships with Volunteers of America and the Calvary Christian Center have provided emergency and transitional housing for AB 109 inmates participating on Home Detention.



Post-Sentence Alternative Custody Programs



Power Program

The Sheriff's Power Program is an educational program that operates in partnership with the Los Rios Community College District. The program began in 1999 as an effort to reduce recidivism and enhance rehabilitative efforts in Sacramento County. The Program is open

to Sheriff's Work Project and Home Detention inmates at no additional cost and participants receive college credit for each class completed. The program shares revenue generated by attendance in the college system and consistently offsets the costs of the instructor, materials, and some program administration.

The Power Program is comprised of a Pre-Employment class and a Basic Life Skills class. These classes address the main components of recidivism as stated by the U.S. Department of Education and work to reduce recidivism through education and employment.

The Pre-Employment Class takes each participant through the hiring process, starting from the master application all the way to a mock panel interview for employment. Students create a résumé, receive instruction on how to answer questions regarding past incarceration, and participate in a panel interview. Job seeking skills, community resources for employment, names of employers that hire people with criminal backgrounds, and tips on career development are all provided. The class also has guest speakers from various businesses, military recruiters, and potential career fields.

The Basic Life Skills class addresses topics such as Anger Management and Communication Skills, Substance Abuse, Victim Impact, Health and Nutrition, Community Resources and Information on Criminal Background and the Law. This class also features guest speakers from the community, a presentation on "Moment of Impact" in partnership with the District Attorney's office and victim impact speakers.



Emergency and Transitional Housing

A major challenge to successful reentry is finding suitable housing upon release from custody. The reentry team at RCCC provides assistance in locating and identifying housing options for inmates prior to release. In order to create more housing options, the Sheriff's Department has developed partnerships to provide emergency and transitional housing in coordination with the Home Detention Program that also include evidence-based program components. Eligibility is determined by RCCC's inmate services staff, Home Detention and AB 109 reentry personnel.

Volunteers of America



With financial assistance provided through the Community Corrections Partnership Realignment Plan, the Department of Human Assistance (DHA) and Volunteers of America are providing 40 beds of dormitory-style emergency and transitional housing to AB 109 County Jail Prison inmates on Home Detention and Probation Department PRCS offenders released from State Prison.

Both Home Detention and Probation referrals are given access to laundry facilities, clean linens, three daily meals, case management services, onsite employment training, onsite Alcoholics and Narcotics Anonymous Meetings, and a shared recreational lounge area.

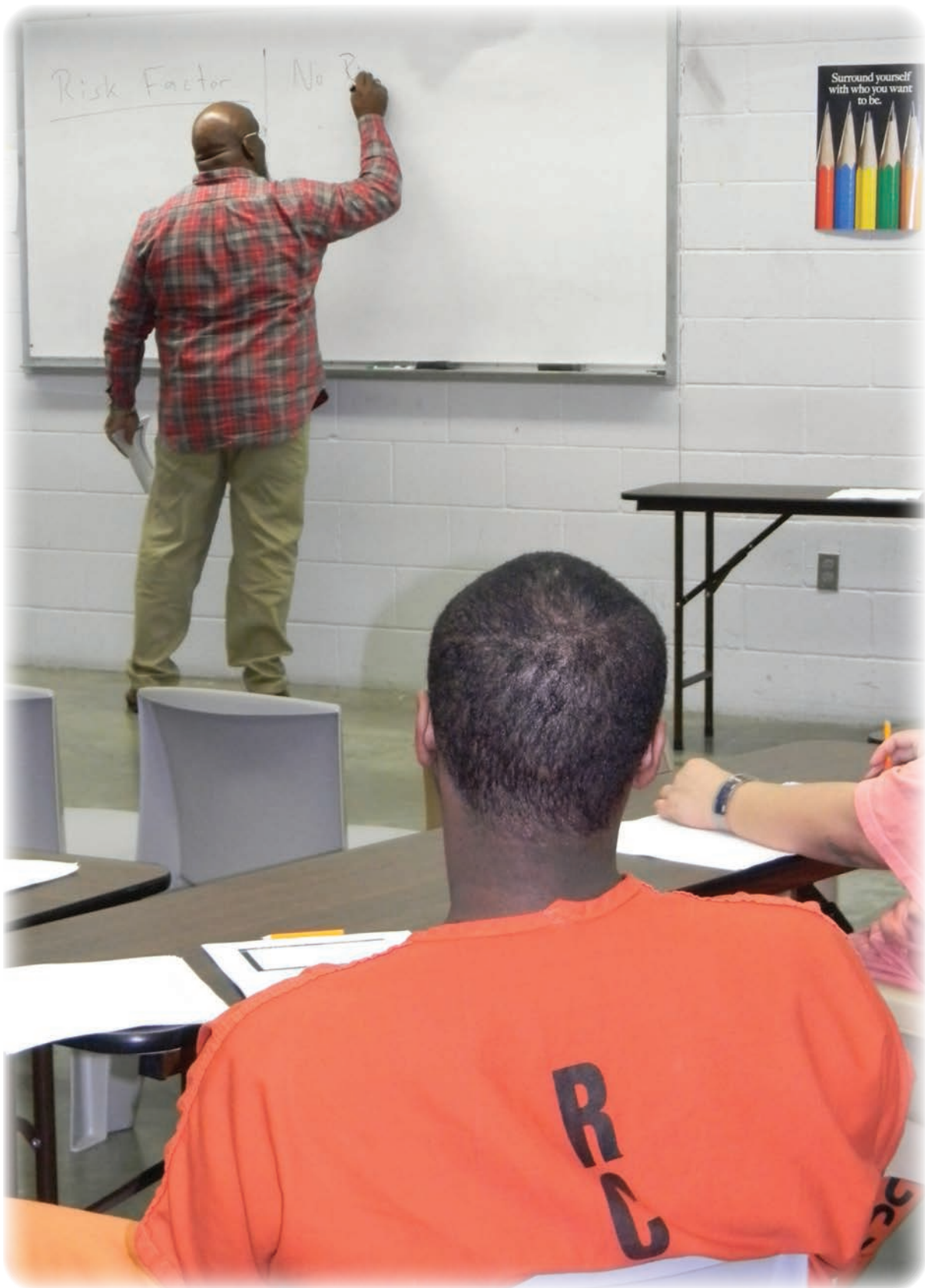
The Program provides up to 90 days of emergency shelter to 120 County Jail Prison and PRCS male offenders annually to prevent homelessness. The eligibility and referral process is also based on the immediate availability of an empty bed and housing needs of the offender populations. AB 109 referrals with the greatest identified need for emergency shelter will be given first priority for vacant beds.

Calvary Christian Center Overcomers Program

The Calvary Christian Center Overcomers Program provides transitional programmatic housing for a total of 25 male and female offenders for up to nine (9) months. The program goals are to provide services that facilitate the reintegration of offenders into society while reducing the number of offenders returning to criminal behavior, strengthen families, and deter intergenerational crime. The services include drug and alcohol treatment, cognitive behavioral groups, gang diversion, and a wide range of support services. The employment services provided include engagement, assessment, resume writing, interviewing preparation, job search, job development, and job support.



In-Custody Programs



Educational Programs

Provider	2011 - 2012 School Year Training Snapshot
Elk Grove Adult and Continuing Education (EGACE)	<ul style="list-style-type: none"> • 704 improved basic skills • 482 worked towards their GED • 903 gained new computer/technical skills • 928 improved their parenting skills • 123 earned Continuing Technical Education (CTE) certificates • 53 earned a GED Certificate • 3840 total students served



Elk Grove Adult and Community Education (EGACE) has provided educational services for 36 years to the Sheriff's Department's correctional facilities. EGACE serves between 2500-3000 inmates per year between both sites.

General Education Development (GED)

GED preparation covers math, English language arts (ELA), social science and science content assessed by the GED examination. Students take practice tests and prepare to take the five-part exam. The instructor guides the students in their individual areas of content need and spends a significant amount of time on math and ELA preparation. Students take the official GED exams on-site once they have passed the practice tests.

Adult Basic Education (ABE)

Adult basic education is offered to help students improve their reading, writing, and math skills. This course is designed to improve skills to an eighth grade level.

English as a Second Language (ESL)

Students learn basic listening and speaking strategies to enable them to understand a range of frequently used spoken words, phrases, simple learned expressions, and questions in familiar contexts. Students learn to speak well in limited social interactions using learned phrases and short, simple sentences.

In-Custody Programs

Parent Education

With newly adopted, evidence-based curriculum, students learn to create a healthy and nurturing family environment to recognize how a negative, hurtful parent affects the psychological and physical development of children. Instruction is provided within a supportive environment and the curriculum is CPS-approved 6 hours per week for 10 weeks.

Points of Entry Program

This Elk Grove Adult and Continuing Education program is funded by the Open Society Foundations' Special Fund for Poverty Alleviation. The program promotes the development of career pathways and transition programs for incarcerated adults in prison or jail and adults on parole or probation with skills in the 6th to 12th



grade level equivalent. Working with regional partners, EGACE has established new systems that will help students transition and reach their greatest potential.

The Points of Entry Program provides training, education, and support services necessary to achieve industry-recognized credentials and sustainable employment.

This program was recognized by the California Department of Education and CASAS (Comprehensive Adult Student Assessment System) in June of 2012 for being a Promising Practice in education.

- ☆ 50 county male and female offenders enrolled (capacity 50)
- ☆ 9 currently in-custody
- ☆ 2 post-release and enrolled at Elk Grove Adult and Community Education (EGACE)
- ☆ 5 released and not enrolled or failed to attend EGACE
- ☆ 3 dropped from program for disciplinary action or out of county
- ☆ 13 completed assessments

Vocational Training Programs

Program Name	Program Capacity	Program Highlights
Welding and Manufacturing	30	<ul style="list-style-type: none"> • Graduates receive an industry-standard certificate of training • Graduates receive 3 college credits for completion of course
Custodial Training	25	<ul style="list-style-type: none"> • Graduates are prepared for custodial employment upon completion.
Ornamental Horticulture	25	<ul style="list-style-type: none"> • Students learn basic nursery and landscaping functions • Graduates receive 4 college credits for completion of course • Graduates are prepared for employment in a variety of horticultural professions
Computer Applications for the Workplace	75	<ul style="list-style-type: none"> • Students learn current computer applications and office techniques • Over 726 certificates issued in 2012
Culinary Arts	35	<ul style="list-style-type: none"> • Students learn core culinary skills and training for careers in the food service industry • Upon completion, students earn an industry-recognized certificate
Cake Decorating	40	<ul style="list-style-type: none"> • Class open to female inmates • Participants learn core bakery/pastry skills
Safety and Sanitation	90	<ul style="list-style-type: none"> • Students learn basic culinary and restaurant safety and sanitation skills • Upon completion, students have acquired the skills to work in a restaurant or cafeteria
Engineering Design/Technology Program	60	<ul style="list-style-type: none"> • Students learn basic core drafting techniques • Students will consult with a workforce developer who will assist with job placement upon release

Vocational educational programs provide job skills training to prepare inmates for obtaining employment in the workplace. All sentenced inmates have a variety of vocational training programs available, including welding, computer and technical skills, culinary training, and horticultural skills. Many of these programs offer college credits and/or industry standard certifications for students who complete the curriculum.

In-Custody Programs

Welding and Manufacturing (beginning and advanced)



Students have the opportunity to learn Welding Safety, Weld Design, Welding Symbols, Metallurgy, Joint Design, Tool Identification, Oxygen-Acetylene Cutting, Welding, Brazing, Gas Metal Arc Welding, Shielded Metal Arc Welding, Flux Core Arc Welding, Gas Tungsten Arc Welding, and Plasma Arc Cutting. Students regularly work on jail-industry projects in order to practice the skills taught in class.

- ☆ Capacity 30 males
- ☆ 30 hours per week for 16 weeks
- ☆ Earn an American Welding Society industry-certificate
- ☆ Student receives 3 college credits for completion of course with a grade of “B” or better

Ornamental Horticulture/Landscaping

Students are exposed to different techniques of propagation and irrigation with an emphasis on environmental horticulture and landscape maintenance. Upon completion of this 300 hour course, students have acquired the knowledge, practical skills, and training necessary to successfully attain employment in the nursery and landscaping industry.



- ☆ 29 hours per week for 15 weeks
- ☆ Capacity 25 males
- ☆ Student receives 4 college credits for completion of course with a grade of “B” or better

Custodial Training

Students learn basic procedures in custodial and housekeeping operations to include knowledge of janitorial equipment and basic repairs of equipment. Students learn about cleaning materials and safety along with blood-borne pathogens and infectious waste training. Students are prepared for custodial employment upon completion of the course.

- ☆ 17 hours per week for 9 weeks
- ☆ Capacity 25 males

Computer Applications for the Workplace

Students learn office skills to compete in today's job market, including computer applications in MS Windows, Office: Word, PowerPoint and Excel. Students learn filing procedures, telephone communications, mail procedures and record duplication.

- ☆ 15 hours per week for 10 weeks
- ☆ Capacity 50 males
- ☆ Capacity 25 females



Culinary Arts

Students learn core culinary skills and are provided with basic training that enables them to get employment in the food service industry. Students learn about cooking principles and receive hands-on experience. After course completion, they are able to prepare breakfast, salad, lunch, dinner and dessert dishes. Students also receive an industry-recognized certificate upon completion.

- ☆ 28 hours per week for 13 weeks
- ☆ Capacity 35 females

In-Custody Programs

Cake Decorating

Students learn core skills of cake decorating and are provided with the training to prepare them for employment in a bakery, deli or pastry shop. Students learn about cake ingredients and their functions, cake faults and causes. Students learn to make cakes for all occasions including birthday, graduation, anniversary and tiered wedding cakes.

- ☆ 8 weeks
- ☆ Capacity 40 females

Safety and Sanitation

The course teaches safety procedures, bacterial diseases, personal hygiene and pest control. This is a mandatory class for all kitchen workers at RCCC facility.

- ☆ 1 week/2-3 hours
- ☆ Capacity 45 males
- ☆ Capacity 45 females

Engineering Design Technology Program



- ☆ 15 months
- ☆ Capacity 40 males
- ☆ Capacity 20 females



Students will learn basic technical drafting, computer aided drafting, and electrical and electronic drafting. This program will be articulated with Sacramento City College. The students will also have a workforce developer who will assist them with getting employment upon release to include subsidized wages from the program. Students will have individual reentry specialists who will coordinate their reentry plan.

Cognitive Behavioral Therapy Programs

Partnering Agency	Number of Inmates Served	Services Provided
Calvary Christian Center	75	<ul style="list-style-type: none"> Serves male and female inmates Program based on participant assessment needs
WellSpace Health	50	
Strategies for Change	50	<ul style="list-style-type: none"> Evidence-based structured treatment Individual and group counseling process Individual Discharge Planning Continuation of services after release from custody
ManAlive-Sacramento	130	<ul style="list-style-type: none"> Serves male inmates Works with inmates to stop their violence to themselves, their families, and their community
WomanAlive	20	<ul style="list-style-type: none"> Serves female inmates Works with inmates to stop their violence to themselves, their families, and their community
CHANGE Counseling	150	<ul style="list-style-type: none"> Serves male and female inmates Focuses on habitual thinking process that leads to relapse

In 2012, the Sacramento Sheriff's Department contracted with WellSpace Health, Calvary Christian Center, and Strategies for Change to develop and implement a comprehensive reentry services program. This program serves 175 in-custody and post-release offenders. Reentry Specialists provide a series of evidence-based cognitive behavioral therapy (CBT) classes, one-on-one counseling, discharge planning, and other services to those sentenced to jail terms imposed by Assembly Bill 109.



Emotional and cognitive programs are integrated with educational and job skills training for offenders to help live successful lives upon release. Additional on-site resources are provided by a Department of Human Assistance Eligibility Specialist as well as a Workforce Development Coach from the Sacramento Employment and Training Agency (SETA).

The combination of these resources allows for true “wrap-around” service delivery for program participants both in custody and upon their release.

In-Custody Programs

Substance Abuse (both genders)

The goal is to educate participants of the biological, psychological, and social ramifications of addiction and chemical dependency.

- ☆ 2 hours per week for 30 weeks
- ☆ Capacity 16 females
- ☆ Capacity 130 males

Thinking for a Change (T4C) (both genders)

A cognitive behavior program that teaches social skills, cognitive self change and problem solving. This class helps participants set personal and professional goals.

- ☆ 2 hours per week for 28 weeks
- ☆ Capacity 16 females
- ☆ Capacity 80 males



Employment Readiness and Life Skills (both genders)

This class provides offenders with a comprehensive employment program that assists the reentry job seeker in overcoming their obstacles, thus giving them the opportunity to gain and maintain employment while learning to build self-respect. The program provides community employment resources and teaches resume writing and job interview techniques. Practical money management skills are also taught in this program.

- ☆ 2 hours per week for 16 weeks
- ☆ Capacity 25 females
- ☆ Capacity 50 males

ManAlive (male)

Sacramento County Certified Batterers Treatment Provider. The mission of ManAlive is for men to work with men to stop violence to themselves, their families and their communities.

- ☆ 2 hours per week for up to 52 weeks
- ☆ Capacity 130

WomanAlive (female)

Sacramento County Certified Batterers Treatment Provider. The mission of WomanAlive is for women to work with women to stop their violence and be accountable to themselves, their families and their communities.

- ☆ 2 hours per week for 32 weeks
- ☆ Capacity 20

Survivor Impact

This class provides an opportunity for participants to learn the effects of their actions upon their families and communities. Participants will hear from guest speakers from the local community about how their lives have been impacted from having survived violence to themselves or their loved ones. Afterward, participants work in a therapeutic environment to discuss and reflect upon having victimized others in ways similar to the experiences of the guest and participant speakers.

- ☆ 2 hours per week, ongoing
- ☆ Capacity 50 males
- ☆ Capacity 50 females

Acting for Change (both genders)

The purpose is to offer a therapeutic environment for participants to examine past situations and events in their lives. Participants develop scenarios, learn to format them into theatrical scripts then create and perform their scenarios in class. Through observing performances, participants gain broader and more objective perspectives of the effects and impacts to everyone involved.

- ☆ 2 hours per week, ongoing
- ☆ Capacity 25 females
- ☆ Capacity 25 males



In-Custody Programs

Family Reintegration (males)

This class provides an opportunity for offenders and their families to begin the process of reintegration prior to their release from custody. Offenders attend group sessions while incarcerated and their families attend group sessions concurrently in the community. The offenders address the impact they have on their families, community and themselves. The families address how to support without enabling the offender upon release.

- ☆ 2 hours per week for 12 weeks
- ☆ Capacity 12 males

CHANGE Counseling Services (both genders)

Relapse Prevention and Process groups. Groups focus on the habitual thinking process that leads to relapse and understanding the male role belief system which can lead to prevention.

- ☆ 2 hours per week, ongoing
- ☆ Capacity 20 females
- ☆ Capacity 130 males

Housing for Accountable Living Transitions/Residential Substance Abuse Treatment (HALT/RSAT)

HALT/RSAT Program

11 years in operation

32% recidivism rate
for the last 10 years

HALT/RSAT is a collaboration of the Sheriff's Department, Elk Grove Unified Adult and Community Education, ManAlive, Change Counseling and Strategies for Change. It is a comprehensive program that provides a multi-faceted approach to treatment and education that encourages offenders to change learned behaviors and learn new tools to maintaining a crime-free lifestyle. The program serves 55 offenders daily. Participants are required to attend 30 hours each week, for a minimum of four months.

HALT/RSAT components include Substance Abuse classes, Framework for Recovery (cognitive behavioral treatment), Relapse Prevention, Batterer's Accountability and Reeducation, Family Reunification, Job Readiness, Recreation, GED (optional), Survivor Impact, and Role Play for Change.

Incarcerated Men's Accountability Program (IMAP)

The Main Jail Domestic Violence Housing Unit (DVHU) opened April 1997, providing offenders with the Incarcerated Men's Accountability Program (IMAP). The Program has received national recognition as being the first established to address domestic violence for pretrial inmates.



A significant number of domestic violence offenders resume some type of relationship with their victim, while few admit there is a problem with their behavior. To combat recidivism in domestic violence offenders, California law requires offenders to complete a treatment program upon conviction. However, this sanction is imposed several weeks after the initial arrest leaving a long period of time when the offender likely returns to the same environment where he may reoffend.

The education program strives to raise the offenders' awareness and encourages them to seek treatment in a batterer's intervention program or help in a 12-step program for related issues, on their own, prior to court ordered counseling.

Several community based organizations come into the jail and work directly with offenders. Intervention programs provide two and three hour workshops five times per week that offenders



must attend. Substance abuse meetings are provided to the DVHU every day. All regular television programming is suspended in the DVHU and replaced with educational video programs on domestic violence and related issues such as alcoholism, codependency, and parenting. Offenders are literally inundated with exposure to domestic violence recovery while they are incarcerated.

In-Custody Programs

Religious Services

The Sacramento County Jail Chaplain's Office networks with community religious leaders and organizations to provide inmates with resources to meet their religious faith practices. This outreach includes consultation with Rabbis, Imams, Priests and ministers of various denominations. These consultations offer additional strategies and program opportunities to reduce recidivism.

The Chaplain's Office coordinates visits by local clergy in an effort to provide a positive, wraparound relationship between the inmates and their community.

The Chaplain's Office has a cadre of approximately 100 Volunteer Chaplains. The Volunteer Chaplains respond on a daily basis to inmates' requests for religious reading materials, lead weekly religious classes, and provide clergy visitations and spiritual counseling. These volunteers are an integral part of the effort to help inmates through the ordeal of being incarcerated and plan for reentry to their respective communities. The Volunteer Chaplains become the inmate's pastor in many instances as they make death notifications and birth announcements. They offer grief counseling to inmates who are experiencing a loss of a loved one.

The Main Jail offers an average of 22 weekly classes with an average attendance of 650 inmates per week. RCCC facility provides 24 classes per week, with an average attendance of 475 inmates. These classes offer positive motivations and decision making strategies to help the inmate upon their release and reentry.



The Chaplain's Office coordinates faith based drug and alcohol recovery programs and study opportunities for those who wish to advance their spiritual development through correspondence study. Volunteer Chaplains also distribute bibles and Qurans to inmates upon request. An average of 100 bibles and 25 Qurans are provided to inmates each month.

Medical Services



The practice of medicine has seen unprecedented changes in the last twenty years; the impact of new technology and pharmaceutical options has dramatically impacted how practitioners can assist their patients in achieving and maintaining health. In addition, the changing demographics of the United States are also having a profound impact on healthcare with many of us living longer and in many cases managing chronic illnesses for long periods of time.

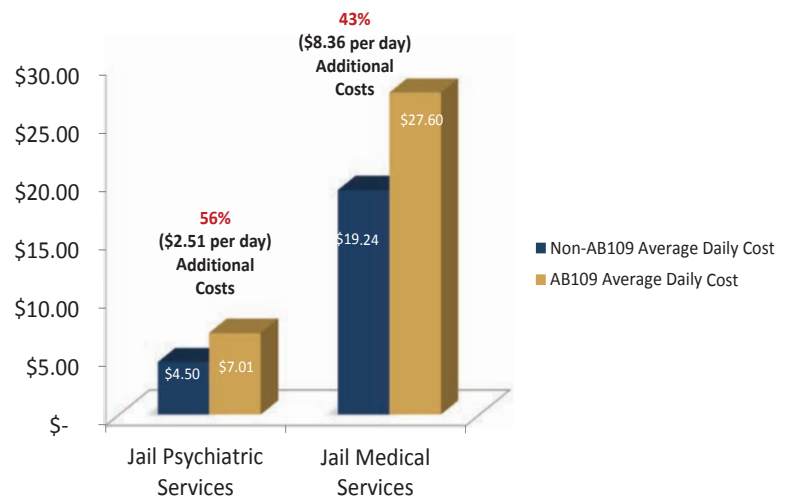
This is clearly demonstrated in our society's jail population, with inmates being older on average and coming into custody with more complex and difficult chronic illnesses, such as cardiovascular disease and diabetes. In addition, the influx of immigrant populations and substance abuse also contribute to higher than average HIV positive rates, hepatitis, and active tuberculosis.

The increased service needs and associated costs have been magnified with the addition of AB 109 inmates. An analysis of actual expenditures from July 2012 through December 2012 revealed the average daily medical service costs per AB 109 inmate was \$20.59 compared to the average Non-AB 109 inmates cost of \$14.74 per day. These services include sick call and treatment, medical medications, dental services, lab services, radiology services, and specialty care.

Staff assigned to Correctional Health include medical doctors, dentists, registered nurses, licensed vocational nurses, and support staff. The medical staff screen every person who is booked into the county jail. They also provide ongoing medical services for the inmates who are housed throughout the facilities, including the medical housing acute and sub-acute units.

Correctional Health Services AB109 Inmate Cost Analysis

July 2012 - December 2012



In-Custody Programs



The Sacramento County Sheriff's Department, Correctional Health Services Division, is continuing to meet the challenges of ever increasing jail population growth and complex health problems of the inmates through the use of advanced medical technology, improved information systems, and by recruiting quality medical professionals for the department.

Psychiatric Services

As part of the medical delivery system, Correctional Health Services, partners with the University of California, Davis Medical Center, to provide a Psychiatric treatment and teaching program. This partnership with the Sheriff's Department has existed since 1978.

Jail Psychiatric Services (JPS) meets mandated requirements for inmate care and assures medically necessary treatment. The primary goals of the program include suicide prevention and treatment of the mentally ill. Care is delivered by a multidisciplinary team of psychiatrists, psychologists, registered nurses, licensed vocational nurses, community reentry coordinators, psychiatric social workers and licensed psychiatric technicians.

JPS provides outpatient psychiatric services to inmates at RCCC and the Main Jail. However, the only Acute Inpatient Psychiatric Services Unit is located at the Main Jail. This unit is an 18 bed intensive treatment facility legally designated by the State and County Departments of Mental Health. Inmates who meet criteria for inpatient psychiatric treatment and involuntary treatment pursuant to Welfare and Institutions code section 5150 are admitted to the Acute Inpatient Unit. The Unit provides traditional 24-hour care and provides assessment, diagnosis, treatment, stabilization, patient education, and discharge planning. Due to the limited capacity, there is often a waiting list for admission to this Unit.

Alcoholics Anonymous and Narcotics Anonymous (both genders)



An international mutual aid movement whose “primary purpose is to stay sober and help other alcoholics/drug users achieve sobriety.” These classes are offered throughout the week on a voluntary basis.

Veterans Affairs



The Department of Veteran’s Affairs (VA) provides regular visitation by outreach workers. Inmates identified as possible veterans are referred to VA workers for eligibility, and, if qualified, to provide services upon release. Phone calls from inmates to Veterans Services staff are free and may be made by any inmate using the phone system in their housing unit.

Delancy Street Outreach



Every month, the staff from Delancy Street present an overview of their program to offenders and interview applicants at RCCC. Formerly unemployable drug addicts and ex-felons who reside at Delancy Street are offered vocational training programs that include every skill in the building trades with the support of the unions, as well as training in purchasing, contracting, computer and accounting services.

Second Wind



Second Wind is a faith-based mentoring program supporting jail inmates through their spiritual and moral transformation. This program will serve 40-50 male offenders in an intensive holistic regimented program consisting of four phases: healing process, becoming a productive citizen, value system, and aftercare. Second Wind will also serve 20 female offenders through mentoring services.

Ascend Program



Ascend promotes cognitive behavioral therapy (CBT) through a curriculum of evidence-based practices. The program combines the teaching of CBT in bi-weekly classes, daily student interaction, action-based out of class activities, drug testing, mentoring, and the teaching of life skills in order to fully integrate offenders into society and reduce their risk of recidivating.

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Sergeant Jason Ramos

Editor In Chief

SRO II Jeff Rodrigues

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Editor

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Sacramento Sheriff's Department
Scott R. Jones, Sheriff

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